

# Tubigrip®

High quality multi-purpose elasticated tubular bandage



Tubigrip tubular bandage provides firm support for sprains, strains and swelling<sup>1,2,3</sup>.

## The benefits of using Tubigrip

- Stays securely in place
- Provides consistent and even compression (5-30mmHg sub-bandage pressure under a double layer)
- Full range of sizes to suit most applications
- Easy to apply and reapply<sup>3</sup>

## How to apply Tubigrip®



1. Cut Tubigrip® to twice the length required for limb, allowing an extra 2–3 cm for overlap.



2. Pull Tubigrip onto limb like a stocking.



3. Double Tubigrip back over limb. Ensure upper edge is 2–3cm higher up the limb than the first layer.

## About Tubigrip

Tubigrip provides firm support for sprains, strains and swelling<sup>1,2,3</sup>. The product adjusts to the body contours and distributes pressure evenly over the surface by exerting consistent and even compression (5–30mmHg sub-bandage pressure under a double layer).

Tubigrip is available in a full range of sizes (11 sizes) to suit most applications.

In addition, Tubigrip is available in a variety of lengths to minimise waste.

## Benefits of Tubigrip

- Great conformability thanks to its high stretch
- Easy to apply and reapply with no need for pins or tapes
- Reusable after washing
- Easy to cut for different body areas for example torso, arms and legs
- Choice of 2 colours for patient acceptability



## Tubigrip assortment

		Light shade			Beige shade	
		0.5m Art. No.	1m Art. No.	10m Art. No.	1m Art. No.	10m Art. No.
A	Infant feet and arms	–	–	1435	–	–
B	Small hands and arms	1510	1520	1436	–	1449
C	Medium arms, small ankles	1513	1521	1443	1545	1450
D	Large arms, medium ankles, small knees	1511	1522	1437	1546	1451
E	Large ankles, medium knees, small thighs	1514	1528	1434	1547	1448
F	Large knees, medium thighs	1512	1523	1438	1548	1452
G	Large thighs	1515	1524	1439	–	1453
J	Large trunks	–	–	1440	–	–
K	X-Large trunks	–	–	1441	–	–
l	XX-Large trunks	–	–	1442	–	–
M	XX-Larger trunks	–	–	1444	–	–



References: 1. Gleeson AP, Stuart MJ, Wilson B, Phillips B. Ultrasound assessment and conservative management of inversion injuries of the ankle in children: Plaster of Paris versus tubigrip. Journal of Bone and Joint Surgery - Series B. 1996;78(3):484–7. 2. Naeem M, Rahimnadjad MK, Rahimnadjad NA, Idrees Z, Shah GA, Abbas G. Assessment of functional treatment versus plaster of Paris in the treatment of grade 1 and 2 lateral ankle sprains. Journal of Orthopaedics and Traumatology. 2014. 3. Mölnlycke Health Care. Data on file.

Find out more at [www.molnlycke.com](http://www.molnlycke.com)

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